

**The Christ Initiative
Confirmation Preparation
Foundational Knowledge of Our Faith**

NAME _____

Location of Preparation Course _____ Day _____

Objectives:

1. Students will demonstrate knowledge of the Lord's Prayer (Our Father), Hail Mary, and the Act of Contrition
2. Students will list and *explain the Ten Commandments
3. Students will list and *explain the Seven Sacraments (the sign(s) and effect/grace received)
4. Students will demonstrate understanding of why Catholics keep the Lord's Day holy (or what it means to "keep the Lord's Day holy?")

* (explanation should be at least three sentences)

Write out the following prayers.

Our Father

Hail Mary

Act of Contrition

The Ten Commandments

List and provide a short explanation about each of the Ten Commandments.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

The Seven Sacraments

List and provide a short explanation about each sacrament. **Be sure to mention sign/action and what it means/effect.**

Sacraments of Initiation

1.

2.

3.

Sacraments of Healing

4.

5.

Sacraments at the Service of Communion

6.

7. —

Explain why Catholics are obligated to keep the Lord's Day holy?