



ELEVATE

HIGH SCHOOL FAITH FORMATION
SCHEDULE & REQUIREMENTS
AT THE CHRIST INITIATIVE

2019-2020

The Christ Initiative

9th Grade Faith Formation Requirements

Overview: Faith Formation for 9th graders is done through various events within Elevate (Student Ministry at The Christ Initiative). In order to begin Sacramental preparation the following year, and eventually receive the Sacrament of Confirmation, students need to be actively practicing their faith. The following requirements will prepare each student to enter into Sacramental preparation the next year, giving them the understanding and practice of their faith that will help them receive God's Grace not just during Confirmation, but the rest of their life as a practicing Catholic.

Grow:

- Alpha (9 weeks)
- Mass (weekly)

Connect:

Students will attend:

- 4 Required XLT Life Nights
- 12 Additional Elevate Connect events

Act:

- One Service Group Trip (Mission Trip, Soup Kitchen etc.)
- Serve at Mass 8 times (Greeter, Usher, Lector, A/V Angel, Choir, etc.)

Encounter:

- Alpha Retreat
- One Conference (Steubenville, MVCYC, March for Life, etc.)

Other:

- Students will be expected to reflect on their relationship with God throughout the year. This can be done through a journal or a blog.
- Students will also meet with the Director of Student Ministry or their Alpha group leader for an interview at the beginning and end of the school year to discuss their growing faith and share insights from their journal or blog at mass and Connect events.

More information, payment portal, Alpha/discipleship group registration, and detailed schedules can be found in the rest of this packet, or on our website at:

www.theci.me/elevate

Follow us on Instagram: @cielevate

Sign up for email and text alerts at: www.theci.me/elevate

Facebook: www.facebook.com/thechristinitiative/

The Christ Initiative

10th Grade Confirmation Preparation Requirements

Overview: In order to receive the Sacrament of Confirmation, students must have a basic understanding of the Catholic faith and receive a year of Sacramental preparation. This preparation is done in the student's 10th grade year (or later) through participation in Mass and Elevate (Student Ministry at the Christ Initiative). The following requirements will prepare each student to enter into Sacramental preparation by giving them the understanding and practice of their faith that will help them receive God's Grace not just during Confirmation, but the rest of their life as a practicing Catholic.

Grow:

- Purpose – Confirmation Prep Group (Approx. Biweekly)
- Mass (weekly)

Connect:

Students will attend:

- 4 Required XLT Life Nights
- 7 Additional Elevate Connect events

Act:

- One Service Group Trip (Mission Trip, Soup Kitchen etc.)
- Serve at Mass 8 times (Greeter, Usher, Lector, A/V Angel, Choir, etc.)

Encounter:

- Retreat (Life Teen, New Spirit, Net, CAMPS, etc.)
- One Conference (Steubenville, MVCYC, March for Life, etc.)

Other:

- Students will be expected to reflect on their relationship with God throughout the year. This can be done through a journal or a blog.
- Students will also meet with the Director of Student Ministry or their Alpha group leader for an interview at the beginning and end of the school year to discuss their growing faith and share insights from their journal or blog at mass and Connect events.
- Formal requirements including: letter to the Bishop, selecting a sponsor and Saint, and proof of Baptism.

More information, payment portal, Alpha/discipleship group registration, and detailed schedules can be found in the rest of this packet, or on our website at: www.theci.me/elevate

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9th Grade Fall Alpha

2019

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Required Dates:

- Sun. 9/8/19: Elevate Kickoff & Info Night
- Fri. 10/25/19 OR Sat. 10/26/19: Alpha Retreat (Signup Online)
- Sun 12/15/19: Required Life Night: XLT
- Sun. 2/9/20: Required Life Night: XLT
- Sun 5/31/20: Required Life Night: XLT

Group A



Monday Afternoons
4:00PM, Parish Office

Sep. 9	Oct. 21
Sep. 16	Oct. 28
Sep. 23	Nov. 4
Sep. 30	Nov. 11
Oct. 7	

Group B



Monday Nights
7:00PM, St. Agnes Hall

Sep. 9	Oct. 21
Sep. 16	Oct. 28
Sep. 23	Nov. 4
Sep. 30	Nov. 11
Oct. 7	

Group C



Monday Nights
7:00PM, St. Agnes Classroom

Sep. 9	Oct. 21
Sep. 16	Oct. 28
Sep. 23	Nov. 4
Sep. 30	Nov. 11
Oct. 7	

Group D



Monday Nights
7:00PM, St. Agnes Church

Sep. 9	Oct. 21
Sep. 16	Oct. 28
Sep. 23	Nov. 4
Sep. 30	Nov. 11
Oct. 7	



9th Grade Fall Alpha

2019

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Group E



Thursday Afternoons
4:00PM, Parish Office

Sep. 12	Oct. 24
Sep. 19	Nov. 7
Sep. 26	Nov. 14
Oct. 3	Nov. 21
Oct. 10	

Group F



Thursday Nights
7:00PM, St. Rose Hall

Sep. 12	Oct. 24
Sep. 19	Nov. 7
Sep. 26	Nov. 14
Oct. 3	Nov. 21
Oct. 10	

Group G



Thursday Nights
7:00PM, St. Rose Child Room

Sep. 12	Oct. 24
Sep. 19	Nov. 7
Sep. 26	Nov. 14
Oct. 3	Nov. 21
Oct. 10	

Group H

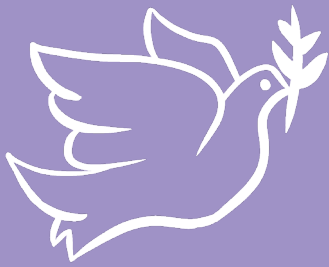


Thursday Nights
7:00PM, St. Rose Church

Sep. 12	Oct. 24
Sep. 19	Nov. 7
Sep. 26	Nov. 14
Oct. 3	Nov. 21
Oct. 10	

Spring Dates

If you are unable to attend Alpha in the fall, please contact Chris Livernois at clivernois@theci.me for information on Alpha sessions starting in January.



10th Grade Confirmation

2019-2020

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Large Group Option



Monday Nights

6:30PM, St. Rose

FALL '19

September

8 **Sunday Night Kick Off**

9 Confirmation Night

23 Confirmation Night

October

7 Confirmation Night

21 Confirmation Night

November

11 Confirmation Night

25 Confirmation Night

December

15 **Required Sunday Life Night: XLT**

SPRING '20

January

6 Confirmation Night

February

3 Confirmation Night

9 **Required Sunday Life Night: XLT**

24 Confirmation Night

March

9 Confirmation Night

23 Confirmation Night

April

6 Confirmation Night

27 Confirmation Night

May

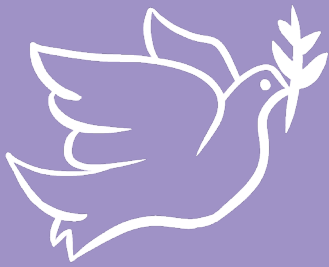
11 Confirmation Night

31 **Required Sunday Life Night: XLT**

What's the Purpose?

The program we use for Confirmation preparation is called Purpose, so you may hear that term used in place of Confirmation here or there. Note that Confirmation prep is not a class—it is a discussion group where students can ask questions and grow in their faith together, outside of a classroom environment.

Required events outside of regular Confirmation nights are highlighted in bold.



10th Grade Confirmation

2019-2020

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Small Group Options



Tuesday Afternoons

4:00PM, St. Agnes

Sep. 8 Required Sunday Life Night

Sep. 10 Confirmation Night

Sep. 24 Confirmation Night

Oct. 8 Confirmation Night

Oct. 22 Confirmation Night

Nov. 5 Confirmation Night

Nov. 19 Confirmation Night

Dec. 15 Required Sunday Life Night

Jan. 5 Confirmation Night

Jan. 28 Confirmation Night

Feb. 9 Required Sunday Life Night

Feb. 25 Confirmation Night

Mar. 10 Confirmation Night

Mar. 24 Confirmation Night

Apr. 7 Confirmation Night

Apr. 29 Confirmation Night

May 12 Confirmation Night

May 31 Required Sunday Life Night



Tuesday Nights

6:30PM, St. Agnes

Sep. 8 Required Sunday Life Night

Sep. 17 Confirmation Night

Oct. 1 Confirmation Night

Oct. 15 Confirmation Night

Oct. 29 Confirmation Night

Nov. 12 Confirmation Night

Dec. 3 Confirmation Night

Dec. 15 Required Sunday Life Night

Jan. 14 Confirmation Night

Feb. 4 Confirmation Night

Feb. 9 Required Sunday Life Night

Mar. 3 Confirmation Night

Mar. 17 Confirmation Night

Mar. 31 Confirmation Night

Apr. 14 Confirmation Night

May 5 Confirmation Night

May 19 Confirmation Night

May 31 Required Sunday Life Night



LIFE NIGHTS

2019-2020

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Sunday Nights
7PM, St. Rose

FALL '19

September

- 8 **Life Night: XLT***
- 15 Life Night
- 22 Life Night
- 29 Life Night

October

- 6 Life Night
- 13 Life Night
- 20 Life Night
- 27 Life Night

November

- 3 Life Night
- 10 Life Night
- 17 Life Night
- 24 Life Night

December

- 1 Life Night
- 8 Life Night
- 15 **Life Night: XLT***

*required Life Night
for 9th and 10th
grade students

SPRING '20

January

- 5 Life Night
- 12 Life Night
- 19 Life Night
- 26 Life Night

February

- 2 Life Night
- 9 **Life Night: XLT***
- 23 Life Night

March

- 1 Life Night
- 8 Life Night
- 15 Life Night
- 22 Life Night
- 29 Life Night

April

- 5 Life Night
- 26 Life Night

May

- 3 Life Night
- 17 Life Night
- 24 Life Night
- 31 **Life Night: XLT***



LIFE NIGHTS

2019-2020

Part 2



Sunday Nights
7PM, St. Rose

SUMMER '20

June

- 7 Life Night
- 14 Life Night
- 28 Life Night

July

- 5 Life Night
- 12 Life Night
- 26 Life Night

August

- 2 Life Night: XLT
- 9 Life Night
- 16 Life Night
- 23 Life Night
- 30 Life Night



What's XLT?

XLT is an opportunity to experience Jesus' presence in a powerful way. Every XLT night has contemporary praise & worship music performed by our teen band, a guest speaker, and time to pray in front of the Blessed Sacrament during Adoration. We will also always have multiple priests available for confession. Families and friends are welcome, and encouraged, to join us! XLT is not just for high school students, but for anyone looking for another way to grow deeper prayer and worship our Lord together!

Who's at Life Night?

Life nights are an opportunity for high school students to participate in fellowship while learning about their faith and engaging in conversations that deepen their understanding of what it means to be Catholic. Any high school age student, whether they are Catholic or not, is invited to join us, so bring your friends!

What's going on?

Follow us on Instagram to find out what each week's topic is!





DISCIPLESHIP GROUPS

2019-2020

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SUMMIT



Wednesday Nights

6:30PM, Parish Office

Summit is a weekly discipleship group that dives deeper into that Sunday's Gospels reading. Because Summit focuses on the weekly reading, there is no set length for this discipleship group, and instead, is an ongoing, come-as-you-can small group for any high school students looking to deepen their understanding of Mass and the Bible.



Note: Attendance at all non-Summit discipleship groups is mandatory to receive Connect credit. One absence will be permitted, but anything beyond and you will be missing the fruit of the groups as they are so short and build on each week's discussion.



TBD



Night TBD

Time/Place

Information on the dates, times, locations, and topics for upcoming discipleship groups will be available shortly, and we will send out an email when the information is finalized. In the meantime, feel free to take a look at the other opportunities as well!

What's Next?

More information about upcoming Discipleship Groups will be on our website as we plan more! Visit:
www.theci.me/elevate

Other Topics

If you'd like to start your own group, or have a topic you'd like to explore deeper, reach out to Chris Livernois:
clivernois@theci.me

What's Right for Me?

High School Faith Formation at The Christ Initiative

What's New: Through Elevate, students will have the opportunity to participate in Grow and Connect Events: Alpha, Purpose (Confirmation Prep), Life Nights, Discipleship Groups. They will also be called to serve their church and community, and encounter Jesus Christ through retreats and conferences, all while reflecting on their faith journey and growing in personal prayer and fellowship. Parents and families will also be invited to participate in various opportunities such as XLT and Alpha. It is our hope that through the various opportunities Elevate offers, that every student finds the best way for them personally to experience God's Grace.

Alpha is a space to explore life's big questions, to say what you think, and to hear other people's points of view. Alpha introduces teens to the basic tenants of the Christian faith, introduces the person of Jesus Christ and the importance of the Gospel, all while fostering a strong small group community where teens can share their struggles, triumphs, and questions. Alpha is also available for adults, and special groups for parents of high school students will run in tandem with the teen groups.

Purpose is Life Teen's transformative plan for Confirmation preparation. More than a resource, Purpose is designed to help proclaim the Gospel message to young people while providing an atmosphere where they are accompanied by adult leaders toward discipleship. Purpose is offered in both a large and small group environment.

Life Nights introduce students to each other, adult mentors, and new topics in their faith and culture. Every Life Night starts with food and an activity, followed by a talk from a presenter, small group time to dive deeper into the topic, and a challenge to live out God's word that week. Every Life Night, each student who attends will have a letter sent home to their parents about what was discussed, and tips on how to continue the conversation in your family.

XLT (eXhaLT) is an opportunity for anyone to experience the True Presence of Jesus Christ through Eucharistic Adoration. We will have a guest speaker, high school praise & worship band, Adoration, and confession at each XLT. All students in 9th and 10th grade are required to attend all four XLT Life Nights during the school year, and parents and families are encouraged to join.

Discipleship Groups are small groups that meet to discuss varying topics in greater depth than one Life Night, homily, or Purpose night can cover. They vary in length from 4 weeks to indefinitely, and they can be started by anyone. Summit is our ongoing discipleship group that dives deeper into each week's gospel reading and can be attended on a come-as-you-please basis with no commitment

So which do I attend?

See which subheading sounds most like you and try it out! When in doubt, try each once!

I just want something simple with little commitment.

OR

I like big groups that meet on Sundays.

If you're looking for the simplest option, or you just enjoy the large group environment of youth groups, retreats, or conferences, then you can easily fulfill your Connect requirement by attending a Life Night on the Sundays you don't meet for purpose or Alpha that week during the school year. Our program is designed to have students attend one opportunity outside of mass most full weeks that school is in session. So if it's a normal week at school, come to something!

I really liked the small groups we had with Alpha

OR

I have a few weeks between sports seasons/plays with weeknights free

Discipleship groups are a great option for anyone who has a few weeks in a row free here or there. If there isn't one offered a week you'd like to have one, as long as you have at two students interested, we can help you find a group leader. There will be many offered throughout the year, but in order to receive credit for attending, you must attend all sessions (with one allowed absence) since the groups are so short and thrive on growing relationships.

I like small youth groups

OR

I want something I can come to whenever I'm free during the week

Summit is a great option here, as it's our discipleship group that focuses on each Sunday's readings and homily. That means that the weeks don't build on each other the same way that other discipleship groups do, so you can come any week and still get the most out of it.

I still have no idea

Email Chris! Let's set up a time to meet and talk about what might be best for you.